

Cambridgeshire and Peterborough Children and Young People's Health Services

Antenatal appointment with your health visitor



An opportunity to talk about your baby and preparation for parenthood



We will introduce the Healthy Child Programme and offer advice and support on:



Infant feeding



Safe sleep



Baby brain development



Becoming parents



Parental wellbeing and mental health



Child safety

You will receive an invitation for your antenatal appointment before your 36th week of pregnancy. If you have not heard from us by then, please contact us (see details below).

For more information or to contact us, please visit our health visiting website: cambspborochildrenshealth.nhs.uk/hcp or scan the QR code.

